

Green Café Menu

Café Open Hours

Tuesday & Thursday 09.00 - 14.00

All of our meals & juices are prepared fresh in the kitchen at the Green Café, as such, please allow up to 20 minutes for preparation.

Juice of the Day

Please ask your waitress - R40

Tonics & Elixirs of the Day

Please ask your waitress - R40

Kombucha - R38

Hot Drinks

Herbal Tea: Yogi Variety – R35

Organic African Black Nigiri – R30

Organic English Breakfast – R30

Organic Earl Grey – R30

All teas, except herbal, served with macadamia milk.

Add honey - R5

Green Matcha with cashews, tahini & dates - R55

Cacao with cashew & coconut cream - R55

Add chaga – R20 |Add lion's mane – R25

Breakfast

09.00 - 11.00

Smoothies

Strawberry Dream – R55

Strawberries, freshly made almond milk, dates, coconut milk, tahini & lemon

Green Booster - R55

Barley power, spinach, banana, dates, tahini & lemon

Cacao Bliss - R55

Cacao, freshly made almond milk, banana & tahini

Variety of Summer Bliss - R85

Fresh fruit with lime, homemade granola, honey & nut butter

Add yoghurt from Milkwood Farm – R10

Add coconut yoghurt from Coco Joe – R15

Happy Farm Egg Omelette – R95

Kwendalo's eggs with mushrooms or spinach, tomato, onion, garlic,

a hint of chilli & goat's cheese

Smashed Avo - R65

Sprouted buckwheat, oat groats & millet bread with smashed avo & roasted seed, tomato, red onion, goat's cheese & greens

Lunch

12:00 - 14:00

Alchemy Salad – R85

Assorted greens & mixed herbs, grated vegetables from the gardens, a hint of fruit sprouts with a creamy tahini dressing

Add goat's cheese – R15 | Add avocado – R15 | Add olives – R10

Vegan/Vegetarian Tacos - R110

Three tacos with beans, onions, garlic and a hint of chilli served with lettuce, tomato, smashed avo, vegetarian/vegan sour cream and cheese with chipotle sauce.

Artichoke and Mushroom Pasta – R125

Spelt or emmer pasta, artichoke & mushroom served with vegan/vegetarian cashew cream.

Sweetness & Snacks

Please ask your waitress for what's fresh & available in the kitchen.

www.kwendalo.com